



**SIEMENS**

**Heart Scan**

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**Take Care Today.  
Better Health Tomorrow.**

## Heart disease is the No. 1 killer for both men and women in America.

### Early detection is everything.

Many times, people with heart disease have few visible symptoms. Yet heart disease is the number one killer for both men and women in America.

Now there's a non-invasive test that could save your life or the life of someone you love. Our heart scan is an excellent screening tool that measures the amount of calcium (plaque) in the coronary arteries.

Calcium is medically proven to be a clinical marker for coronary artery disease and has been confirmed to be the most powerful predictor of heart attacks, sudden death and other manifestations of coronary heart disease.

This screening tool detects plaque years, or even decades, before stress testing or any other type of non-invasive technology. The sooner coronary artery disease is detected, the greater the chance it can be stopped or reversed, often by medication or simple lifestyle changes. The key is early detection.

### Your Heart Scan.

Using a special state-of-the-art, high-speed CT scanner from Siemens Medical Solutions, we look inside the heart and its arteries for calcium build-up. This proven technology measures and scores the amount of blockage in the coronary arteries and helps determine your risk for heart disease.

Other traditional exams, such as treadmill stress tests, only help to detect restrictions of blood-flow, whereas a heart scan views the amount of calcium in the coronary arteries. This test is safe, painless and takes less than 30 minutes.

### Your Results.

Our specially trained radiologist will read and interpret your heart scan. The coronary artery calcification score measures the volume and distribution of calcification in the arteries of the heart.

The calcium score is compared to a database of people within the same demographics group to determine risk. The results of the calcium score help to identify those at risk so that corrective measures can be taken.

Equipped with this information, your personal physician can recommend lifestyle changes to help slow, stop or even reverse heart disease. If you do not have a cardiologist, our medical staff can direct you to one in the area.

### Who Should Consider a Heart Scan?

Prime candidates for a heart scan are men age 40-plus and women age 45-plus or with one or more risk factors for heart disease, such as smoking, high blood pressure, high cholesterol or a history of cardiac disease in the family.

